

# The St Michael Steiner School

## Child Study Facilitation Guidance

These notes are for meeting Chairs, to guide the process of Child Studies.  
Guidance for preparing a child study is in the document 'Child Study Article'.  
The study will take up to 1 hour

### Presentation:

- We listen to the description and try to form a picture of the child from it.
- No questions or comments during the presentation please.
- We look at the child in the different aspects of his/her being (10 minutes)
- The presenter will then ask other people to contribute.
- Contributions should be observations, avoiding personal feelings or opinion. (10 minutes)
- Other people can ask questions for clarification (10 minutes)
- Avoid going into anecdote, complaining about the child or reiterating problems that have already been mentioned.
- Don't spend too much time or energy on things we can't change, like home life.

### Diagnosis:

- We draw threads together and begin to form a picture of what is working in the child:
  - His/her strengths and weaknesses;
  - Where the child needs help or support;
  - What is the problem that we need to address
    - Where, in the child, does the difficulty seem to lie? (Physical/Etheric/Astral/ Ego? Thinking/Feeling/ Will? Temperament? Cosmic/earthly? Large/small head? etc.)
- Are there any outstanding features of the child that don't fit with the picture we have built?

### Therapy:

- What can we do that will help?
- Do we know enough about the problem we have identified to be able to recommend something that might help?
- Do we need to consult an expert?
- Do we need to think about it for a day or two?

### We bring the child back again in about 2 months and see:

Did we do what we said we were going to do?

Has it had any effect?

Do we need to keep going? Or do something else?