



The St Michael Steiner School

Newsletter



The St Michael Steiner School, Park Road, Hanworth Park, London TW13 6PN

www.stmichaelsteiner.hounslow.sch.uk

020 8893 1299 / info@stmichaelsteiner.hounslow.sch.uk

Registered Charity No. 1094960 Company Limited by Guarantee No. 04364394

Open Day

Saturday 22nd May
11am - 2pm



The St Michael Steiner School

*offering Waldorf Education
for children from 3 to 18*

contact the school
to book a tour
info@stmichaelsteiner.com

The St Michael Steiner School, Park Road, Hanworth Park, London TW13 6PN
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Notices

New RSE policy

The school's new Relationships and Sex Education policy is now on the website on the 'Policies' page, explaining our approach and current practice. Our RSE curriculum should meet the needs of our students and reflect the values of the school community. If, after reading the policy, you have any feedback or questions for us, please get in touch with your child's KG or class teacher or class guardian.

School gate and phones

Dear parents, when leaving the school, could you please ensure that the magnetic gate is shut properly behind you?

Could we also gently remind you that phones and photography are not allowed on site.

Thank you!

Lost and Found



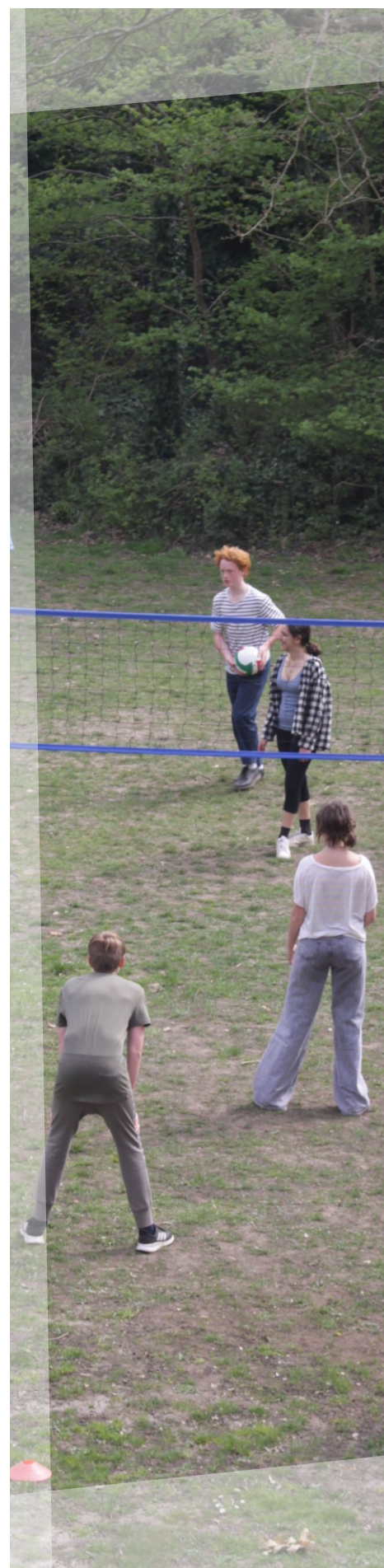
The lost property in the boxes by the gate have been getting full. Mrs Ho took photographs before Easter and uploaded them to a google drive file:

<https://drive.google.com/drive/folders/14roTUbIUHAh3MUYMd-wv8s-OXVxGCtuU?usp=sharing>

This lost property will shortly be making its way to a new home... so do check these boxes over the next week.

It helps a great deal if all items that come to school are labelled with your child's name.

Many thanks.



Farming in Class 3



Class 3 are in the middle of their farming main lesson. We are fortunate that we can work every day in our garden with Sarah Houghton. The projects that the children are working on are varied and change every week. While one group is removing the ashes and nails from the old fire place using a sieve, trowel and magnet, another group will work on the compost using a fork, spade and sieve to prepare the sieved compost as food for the beds, plant boxes and trees. Yet another group weeds the beds and clears the ground of unwanted old roots, brambles and ivy to prepare for trees to be planted. A new fence needed to be woven from long, thin limetree whips between short cut posts. Rhubarb and strawberries were planted as well, a new fire place was built and on Fridays we watch the fire burning old roots, crates, old branches while we enjoy something prepared from the garden.

Dorothea van Breda





Congratulations to Shao-Ren Hsu from Class 4 for winning first place in the ISA STEAM Competition 2021! Using lego, straws, elastic-bands and compact discs, Ren designed and built a car that covered 351cm in 6 seconds. He made a short video demonstrating how to build it, and when shortlisted for the finals, explained to the judges in a Zoom interview how the car worked.

Feedback from the judges:

"What an engaging and informative video! You have great presenting skills and provided a very clear demonstration of the making process. You showed excellent knowledge of the tools and techniques needed to build the car. You highlighted problems and demonstrated how to overcome them. The finished car was a triumph!"

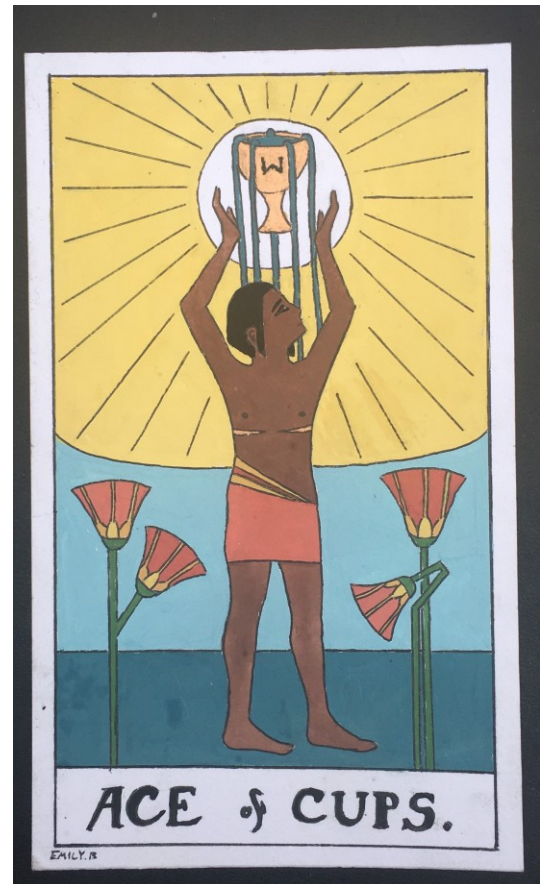
You responded to questions from the judges with confidence and clarity. You showed that you understood how the elastic band stored the energy needed to make the car move. Your enthusiasm for STEAM and your maker skills shone through! Congratulations on a very successful project!"

Click here to watch his video presentation:
<https://www.isaschools.org.uk/arts/steam-competition>



'Creative Response' in Class II

Before Easter Class II had a four week block in which they studied Wolfram von Eschenbach's *Parzival* and William Shakespeare's *Hamlet*. As is usual in Literature lessons, the students close-read passages in the texts, looked at major themes, and studied the stories through different ideological lenses. This year we added a new element: the creative response. The students were encouraged to take ideas from the texts and explore those ideas through an artistic process. We began by exploring themes such as suffering and courage through the form of rituals, and out of this several students chose to further explore ideas independently. The results showed wonderful depth of understanding, and included musical performances and composition, as well as visual arts. I am very pleased to be able to share with you the work of three students: Emily Barnard, who explored ideas of The Grail by redesigning the Ace of Cups from the Tarot deck; Dominic Mugenis-Mendonça's white dove, which, in the story of *Parzival*, descends to Earth on Good Friday to imbue The Grail with its life-giving powers; and Daniel Waring's representation of the grief which burdens *Hamlet* throughout the play.



Emily Barnard

Stella Ottewill



Dominic Mugenis-Mendonça

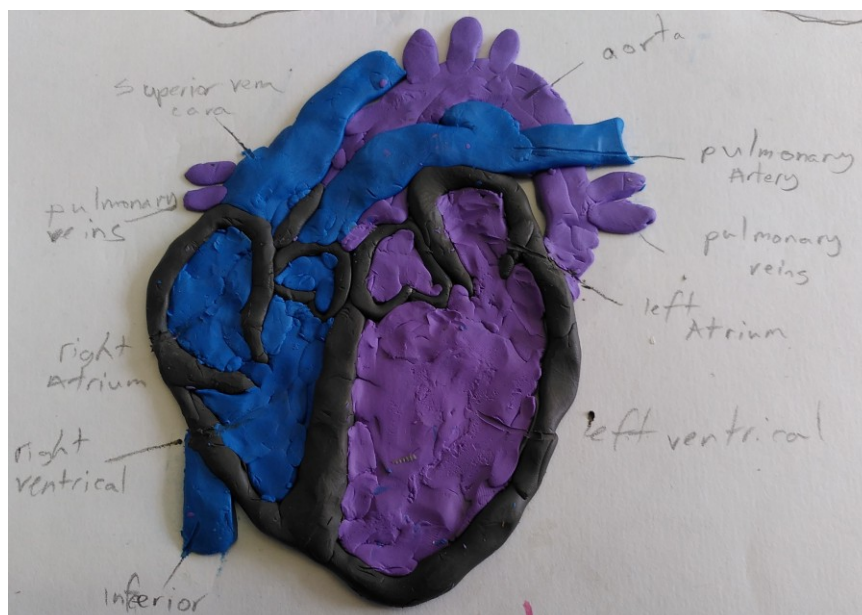
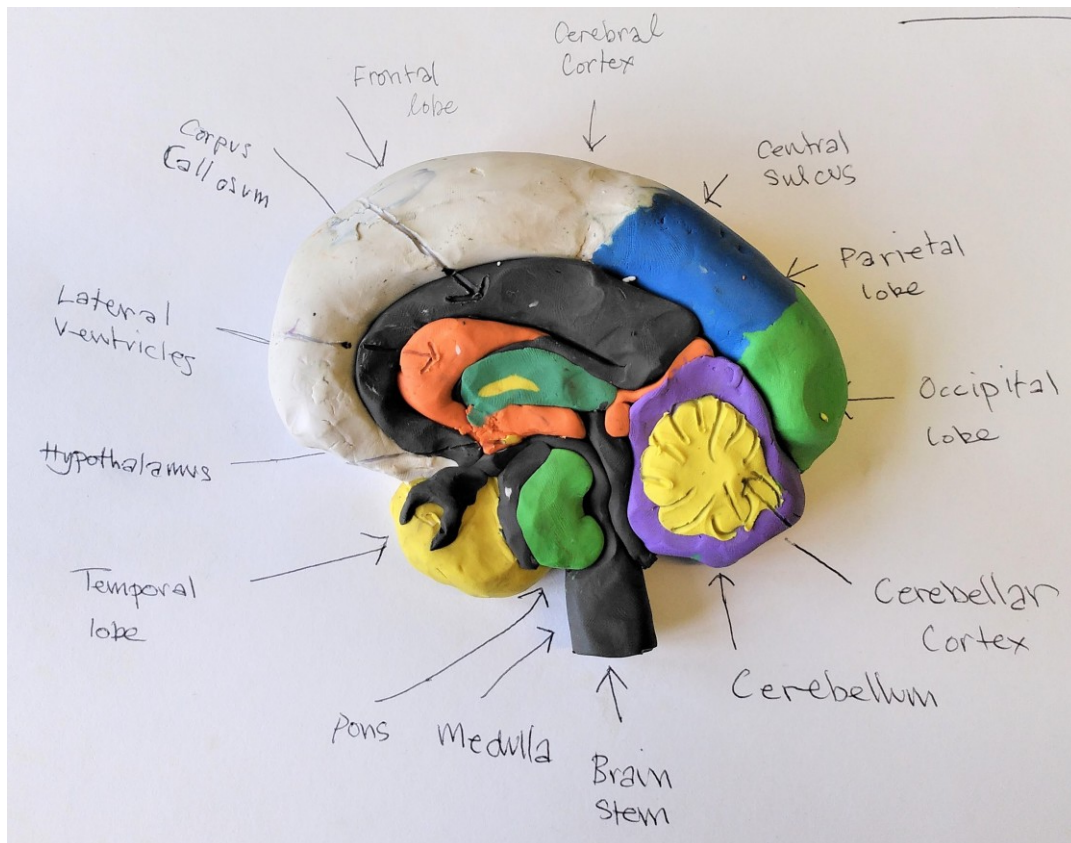


Daniel Waring

Class 10 - Physiology

Class 10 are in the middle of a main lesson block on human body systems. We have started by looking at the rhythmic, sense-nerve and the metabolic systems and will go on to look at the endocrine system and reproductive systems. Here is some of the students' work so far.

Sarah Houghton



Class 4 *kennings and Riddles*

Who Am I? (answers on the next page)

Leon:

Sea bed dweller
Long feelers
Flimsy leg-bouncer
Armour bearer
Delicious dinner

Ren:

Stick Legs
Warmth lover
Annoying pest
Human eater
Blood sucker

Olivia:

Rat eater
Nest builder
Night stalker
Day sleeper
Feather carrier

Fausto

My signature is my sound
People hate me, people love me
In jungles and forests I dwell
I'm a poison-spitter
A dragon-worm I am
I'm scaly but smooth.
Who am I?

Vera:

Crab eater
Camouflage expert
Shape shifter
Head animal
Ink squirter

Lottie:

I see the world but I don't have eyes
I am very slim and mostly see-through
I never makes a sound
You can buy me that I break over time
I love to read a book
You wear me sometimes if you need help to look
What am I?

Victoria:

Plant eater
Wing owner
Beautiful flyer
Song singer
Voice recorder

Olivia:

You find me in any country
I was useful a long time ago
I can be any colour
I am small but used an expression
I flew high in the sky until I fell
I'm light but not when there are lots of us
What am I?

Lottie:

Worm eater
Farmer's enemy
Tunnel Builder
Mountain maker
Blind Seer

Beowulf

photos from class 4's recent play



Leon:
Sea bed dweller...
Answer: prawn

Olivia:
Rat eater...
Answer: owl

Vera:
Crab eater...
Answer: octopus

Victoria:
Plant eater...
Answer: parrot

Lottie:
Worm eater...
Answer: mole

Ren:
Stick Legs...
Answer: mosquito



Fausto
My signature...
Answer: snake

Lottie:
I see the world...
Answer: glasses

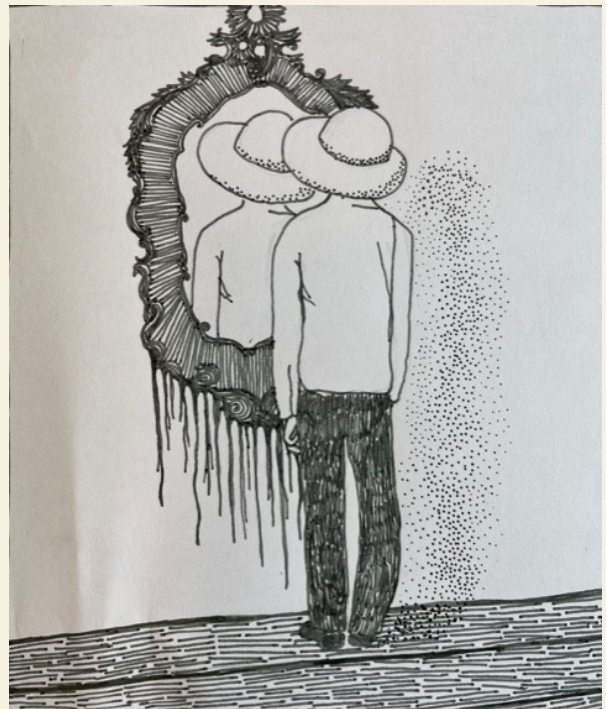
Olivia:
You find me...
Answer: feather



Class 9 art

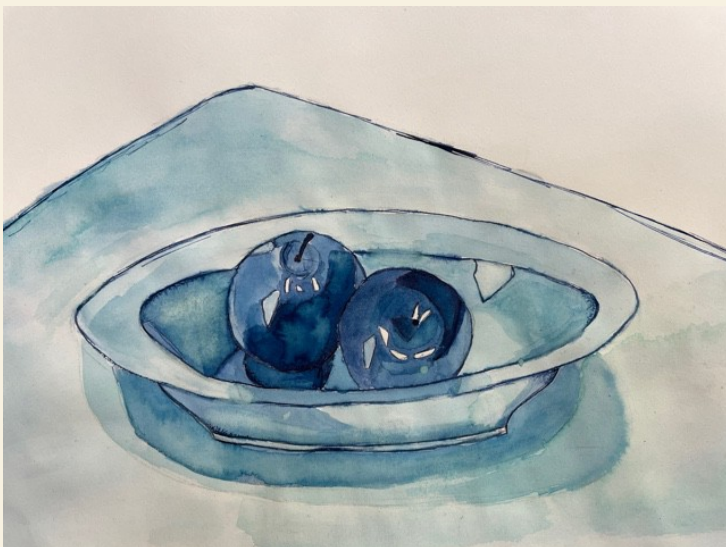


A'ishah Malcolm-Morris





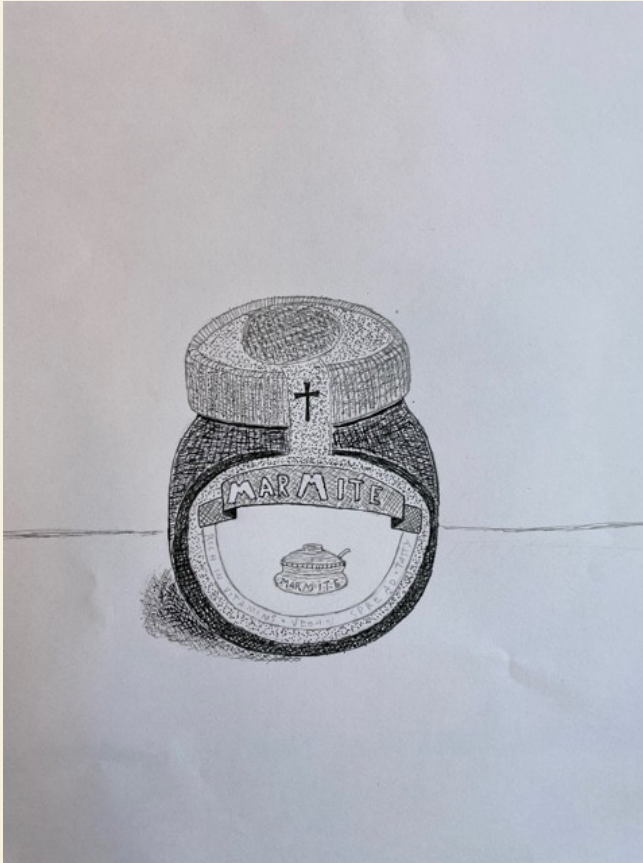
Hannah Edsell





work by Matthias, Daisy,
Barney and Jacob





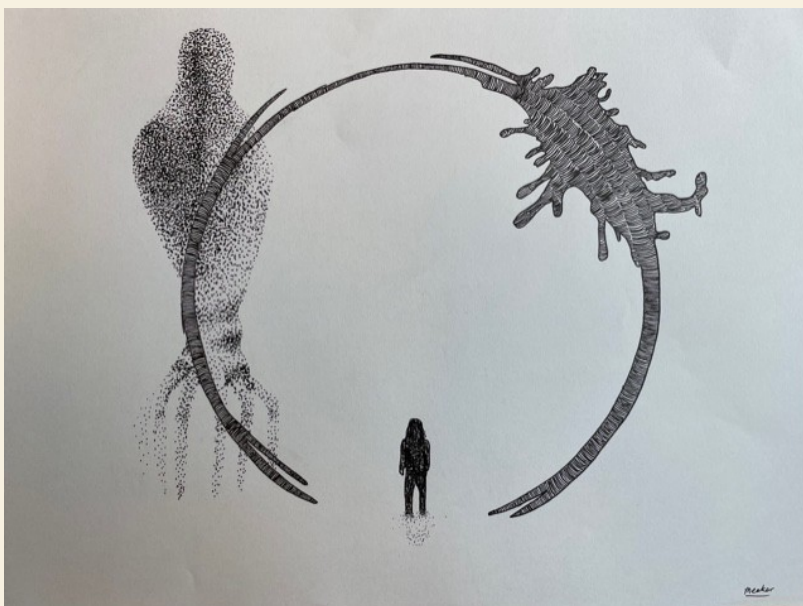
Max Barnard

Matthias Aikins-Pascal





Jacob Williams



Daisy Meaker

St. Michael's Fundraising Event

Dear School Families,

You can now take a look at the results of the knitting project we started last November.

Thank you for contributing, sharing and getting excited about this joint event of auction and donation aiming to raise funds to support and help thrive our wonderful school community

Please feel free to share widely.

Much love to you all,

Lisa



<https://sites.google.com/view/blanket-auction/>

School fundraising through Amazon Smile

The St Michael Steiner School is registered as a charity with Amazon Smile and Amazon will make a 0.5% donation on all purchases made through this scheme.

If you want Amazon to donate to The St Michael Steiner School Ltd, you need to start each shopping session at <https://smile.amazon.co.uk> and select 'The St Michael Steiner School' in the drop-down menu for your preferred charity.

0.5% of the net purchase price (excluding VAT, returns and shipping fees) of your eligible purchases will then be donated to the school at no extra cost to you.

Thank you!

If you have something you would like to contribute to the newsletter or something you'd like to advertise to the community, please send it to peterbrewin@stmichaelsteiner.com

The deadline for the next newsletter is Friday 14th May.

Community, notices and adverts

PLEASE NOTE THAT THE SCHOOL DOES NOT ENDORSE OR RECOMMEND,
EITHER IN GENERAL OR IN PARTICULAR, ANYTHING OFFERED IN THE
COMMUNITY PAGES AND PARENTS ARE ADVISED TO CHECK THE
QUALIFICATIONS OF PRACTITIONERS OR PEOPLE OFFERING SERVICES HERE.

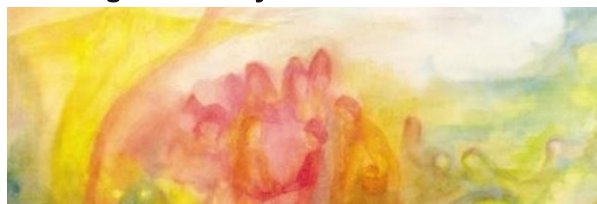
For advice and support during the pandemic

Anna Freud National Centre for Children and Families: **www.annafreud.org**
offering seminars, courses and support to families on mental health.

Hand-in-Hand Parenting: **www.handinhandparenting.org**
resources for parents to read, listen, watch and courses on Aggression, Sleep, Setting Limits,
Parents' Stress, Siblings, and Separation

Beginning Well: **www.beginningwell.com**
holistic support for parents of young children

Looking for a baby-sitter?



My name is Rose. I'm a 17 year old student currently attending The St Michael Steiner School and I have been in Steiner education since kindergarden. I love children, and I am dependable and responsible when it comes to work. I am currently looking for babysitting jobs for Friday evenings and the weekend. Rates are negotiable, I am happy to look after children of any age, and can travel within reach of the Richmond area.

Contacts - you can text me at

+44 07432 582 320

or send me an email at

rose.dowse@outlook.com



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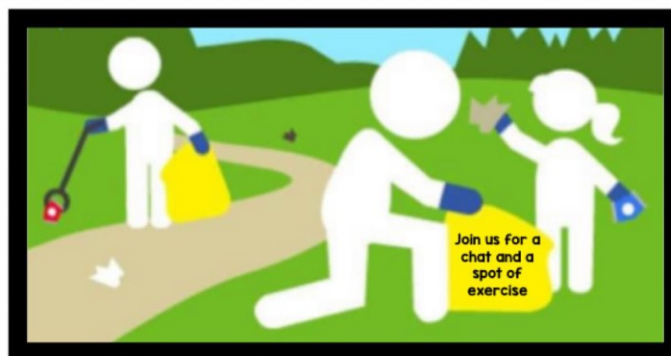
COMMUNITY LITTER PICK IN HANWORTH PARK

Organised by Friends of Hanworth Park House and
Hounslows Environmental Champions

Sunday 9th May 2021
1 - 3pm

Meet in Feltham Rugby Club Car Park
Hanworth Airpark, Park Road, Feltham, TW13 6PP

COVID GOVERNMENT GUIDELINES ON OUTDOOR ACTIVITIES APPLY



Wear shoes and clothes relevant to the weather and terrain
All ages welcome (children to be accompanied)

Certificate for children attending

Litter pickers, gloves and hand sanitizer available

RICHARDSONS



EURYTHMY RETREAT

with Michèle Hunter

21st - 23rd August 2021

PEREDUR CENTRE FOR THE ARTS
East Grinstead, RH19 4NF

Exploring the 4 elements: Fire, Air, Water and Earth.
Embodying their qualities and bringing them into
expression through ensouled movement.

No experience necessary but all levels welcome.

Michèle Hunter: mhunter1life@gmail.com / 07947 040554

Residential rate: £300 including workshops and 2 nights' accommodation. **Early bird rate:** (before 21st July): £260 Non-residential also possible.



Biographical Counselling

SKILLS FOR SOCIAL PROFESSIONS

Online Taster Session for the One Year Course with Pauline Marksteiner and Jane Chase

Saturday 22 May 2021 | Online | Time: 9.30 - 1pm | Cost: £25

This online workshop will give participants the opportunity to meet
the course facilitators for our forthcoming one year course.

The morning will involve:

Biographical exercises

An overview of the content and aims of the course

Space for conversation

Space for questions

To book a place, please email us at training@biographicalcounsellors.org.uk
and make a BACS transfer for £25 to PABC.

The Co-operative Bank PLC | 08-92-99 | 65412497

For more information please visit: www.biographicalcounsellors.org.uk

DATES – 2021

- 22-26 September. Emerson College
- 15-17 October. St. Luke's
- 19-21 November. St. Luke's
- 11 December. Online Workshop

DATES – 2022

- 21-23 January. St. Luke's
- 19 February. Online Workshop
- 25-27 March. St. Luke's
- 30 April. Online Workshop
- 20-22 May. St. Luke's
- 8-12 June. Emerson College

THE FACULTY



Jane Chase (Dip. Biographical Counselling BACP Accredited. MSc Psychotherapy, UKCP) has been practising as a Biographical Counsellor for 14 years, and works with individuals, couples, families and children. She completed her MSc in Systemic Psychotherapy as a Family Therapist in 2020 and also offers systemic consultancy and supervision. She worked as clinical lead for a child and family service in Gloucestershire and now runs an independent practice. She previously contributed to the Diploma course and was a trustee for the Biography and Social Development Trust.



Pauline Marksteiner-Wilde (Dip. Biographical Counselling BACP Accredited. CSTD Certified Supervisor) has been practising as a Biographical Counsellor for the past 19 years. She works as an independent therapist and supervisor with individuals, couples and groups. She teaches Biography Work for a UK teacher training course, and regularly offers Biography workshops. For 15 years she has co-facilitated the international programme, Oasis Support Group for Living Creatively.

Course Consultant: Margli Matthews

Course Contributors: Margli Matthews, Mike Chase, Deborah Ravetz, Julia Dvinskaya, Michael Lipson, Christine Gruwez, and others.

VENUES

Emerson College, Forest Row, East Sussex RH18 5JX
St Luke's Therapy Centre, Stroud GL5 4EX

APPLICATION AND COURSE FEES

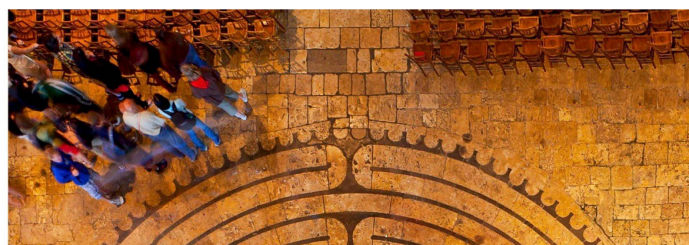
The course is limited to 14 participants.

Application fee: £50.00 Tuition Fee: £2,300.00

Organic lunch, morning and afternoon refreshments are included in the fee. Accommodation is not included.

Please direct enquiries and completed applications to:
training@biographicalcounsellors.org.uk

For further details and to download an application:
www.biographicalcounsellors.org.uk



Biographical Counselling

SKILLS FOR SOCIAL PROFESSIONS



One Year Part-Time

SEPTEMBER 2021 – JUNE 2022

At Emerson College, East Sussex and St. Luke's Therapy Centre, Stroud, Glos.

The Professional Association of Biographical Counsellors (PABC) was established in 2009. Its members work as Biographical Counsellors in various settings in the UK and internationally. The Biographical Counselling Skills Course has developed from the three-year Diploma in Biographical Counselling that was run by the Biography and Social Development Trust from 1997-2014. From 2009-2014 it was a BACP Accredited course.

Biographical Counselling

SKILLS FOR SOCIAL PROFESSIONS

This one-year, interactive course offers an in-depth experience of working with biography, life experiences and archetypal life phases. It is designed to deepen understanding for each person's unique place and individual sense of purpose in the world. It is intended to enrich the individual and to enhance their professional practice. Participants are invited to explore meaning, and develop a sense of reverence for the mystery and complexity of their own and others' biographies.

The course will stimulate a path of inner development in order to consider how personal transformation can be a resource for the whole. By collectively co-creating a safe place, participants are invited to work with new, emergent and threshold experiences in a self-directed and supported way, encouraging the exploration of participants' questions and themes.

Biographical Counselling is a holistic, integrative counselling approach which takes into account psychological, social and spiritual dimensions. This way of working aims to strengthen a person's experience of their core sense of self, and addresses both healing and self development. It encourages people to take up their own agency and find creative freedom in their ideals, tasks and responsibilities. Biographical Counselling takes a phenomenological approach to experiences, and encourages dialogue with our own biography and those of others. Crises and challenging life events can become opportunities to develop new capacities and to discover that we are connected and deeply interdependent.



By collectively co-creating a safe place, participants are invited to work with new, emergent and threshold experiences.



Time will be given for developing contemplative inner practices, learning through artistic processes and attending to practising listening and speaking skills.

"Every experience of our lives contains the mystery of our whole experience. It is a crystallisation, a condensation of past, present and future of what we have been and what we can become."
Margli Matthews, Co-founder of the Biography and Social Development Trust.

The course is informed by a variety of approaches to counselling and psychotherapy, particularly inspired by thinkers who offer an understanding of soul and spirit, and embrace the search for meaning. It is grounded in ideas arising from Anthroposophy, a spiritual approach to life founded by Rudolf Steiner.

Biographical Counselling originated in the UK, and trainings have been developed in Russia, South America and Israel. It is part of a worldwide movement of Biography Work, as founded by Bernard Lievegoed (1905-1992) which is used in coaching, organisational development and personal development.

Applicants

The course will be of interest to teachers, therapists, psychologists, coaches, doctors and nurses, faith workers and other professionals who are interested in human encounter, and professionals who are wanting to deepen their own path of self development.

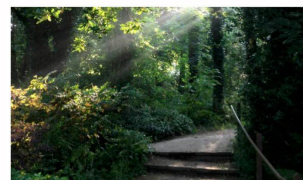
We welcome applications from all sectors of the community and respect and value differences in age, class, culture, disability, ethnicity, gender and sexuality.

Entry Requirements

- Professional experience required
- Written application and interview
- Good command of the English language
- A willingness to work with one's own biography in small groups and in counselling practice sessions

Qualification

A Certificate of Biographical Counselling Skills is awarded by the PABC on successful completion of the course. The course offers 160 hours of CPD.



Course Structure September 2021 to June 2022.

The course will be run face to face over two, five-day sessions at the beginning and end of the course, and five weekends throughout the year. There will also be three online seminars within the year. The three blocks are:

- I Self-Knowledge through Biography Work
- II The Inner Path – Building Resources
- III Personal and Professional Skills and Practice

Course Content

- Archetypal life phases, patterns and human development
- A spiritual perspective on contemporary issues
- Working with and understanding threshold experiences
- Developing an inner practice
- Human encounter and the art of dialogue
- Difference and conflict
- Humanising our practice
- Becoming a Self

Elements of the Training

- Lectures and seminars
- Artistic activities
- Individual tutorials
- Personal Development groups
- Counselling practice
- Research and Theory



Children's Summer Camp

An initiative of The Christian Community in Stroud, Glos.

For children from 8 to 14 yrs of age of all backgrounds

17th – 27th July 2021

Colin Godman's Farm, Furners Green *nr Forest Row, Sussex*

Games, Singing, Art and Craft projects, Organic Farm food, Treasure Hunt, Hiking,
Improvisation, Swimming...

WWW.CC-CAMPS.ORG

cc.camps.stroud@gmail.com

Creating experiences for children where they can most wholly and truly be themselves. Every child is precious and has something important to bring to the world, regardless of their apparent challenges. The Helper team comprises mostly experienced Waldorf Upper School & College Students and Parents under the leadership of Phileighda Finch, Dominic Corbett, Iona Charter and Aaron Mirkin. Aaron has 20 years of experience running such camps in South Africa and England. The children grow in social awareness and confidence through shared initiatives and activities together with 80 other children. They gain new skills, and experience the challenge and joy of taking a creative project through from beginning to end.

Iona Charter 07554 728135

Dominic Corbett 07523 862811

Phileighda Finch 07432 465956

Aaron Mirkin 01453 299311



HILL TRIBE 2021

***A new 'Rites of Passage' programme for 12-16 year olds.
3rd - 9th August 2021***

In response to the uncertain times in which we find ourselves, the On The Hill team want to help young people meet the present and the future with joy, a sense of connection, capacity, courage and creativity.

Hill Tribe is an open programme for individual young people. For six days, away from the pressures and stresses of everyday life we will camp up on the hill around a fire, living with the elements.

<https://www.onthehill.camp/copy-of-tribe>

