The St Michael Steiner School

Friday Bulletin

26th June 2020

Dear parents

This week, we have had Kindergartens and most of Classes 1 - 5 at school, each group with its own area of the school and grounds, different entrances, exits and access routes to/from the building, different toilets and taps and different finishing times, in order to minimise contact between them without compromising the children's experience of the school day more than is absolutely necessary.

We have not staggered the start times in the morning because children, anyway, arrive at different times between 8 and 8:30, and there is never congestion at the gate in the mornings.

There are, of course, siblings who connect groups with each other, and because we are asked to advise you to avoid public transport, there is lift sharing going on across groups as well. So contact can't be completely eradicated.

However, the children are now so used to washing their hands, that they almost never have to be reminded, and the new classrooms, play areas and routes through the school are a novelty, so everyone is keeping to the plan without any problems, and the children generally seem very happy to be back.

You will have seen pictures of people congregating at the beach in the last week. We need to ask that you don't expose your children to those situations, for the sake of everyone. We would not want to have to close down again before the end of term.

The College of Teachers

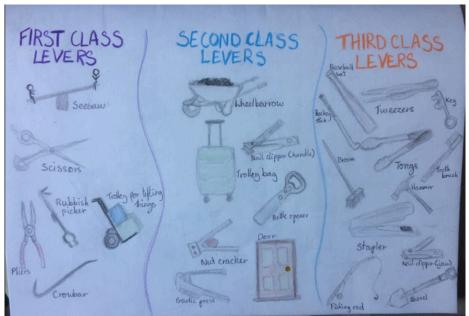




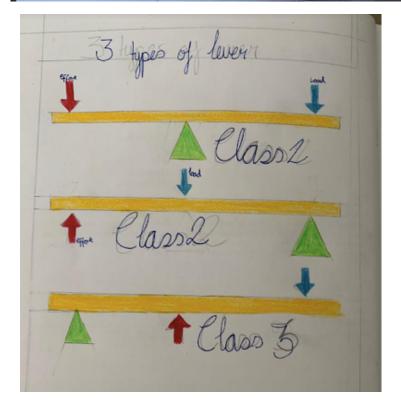
Class 7 Physics

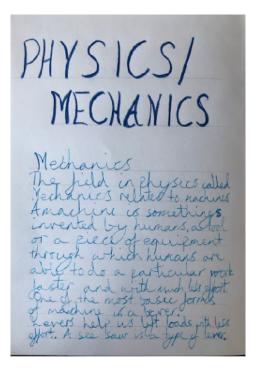
Science in the Middle school is mainly an experience of the senses. Through experiments and different activities, the students are meant to observe very carefully and arrive at conclusions themselves.

Teaching Class 7 Mechanics from a distance has been quite challenging. Activities that were supposed to happen with the whole Class together are happening individually at home and that definitely takes away from the experience. Nevertheless the students have done very well trying to create their own lever with a bar of toblerone, a ruler and some coins or a broomstick and going around the house identifying different kinds of levers.

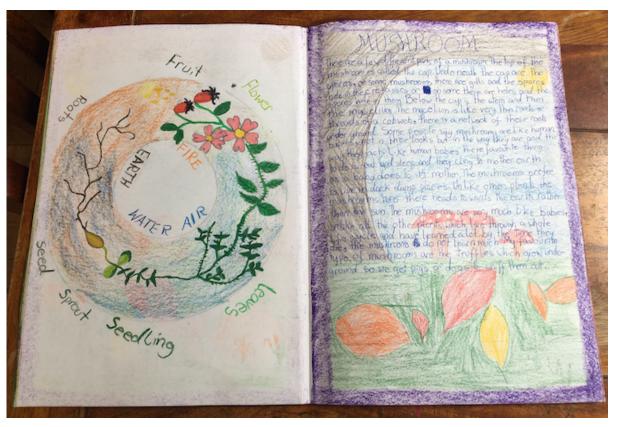








Class 5 Botany





The St Michael Steiner School, Park Road, Hanworth Park, London TW13 6PN

Tel: 020 8893 1299 Email: info@stmichaelsteiner.hounslow.sch.uk Website: www.stmichaelsteiner.hounslow.sch.uk

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Class 7 chemistry

Doing chemistry at home meant each student did all experiments themselves. These would normally have been carried out together at school, typically in pairs, groups or as demonstrations in the classroom or around a fire. This challenge of zooming with a class, doing very practical and sometimes 'dangerous' work made me really think even more about what a class 7 students' needs are in relation to chemistry. Typically we look at acidity/alkalinity, combustion and the lime cycle. Experiments relating to these 3 themes were able to be done at home. A class's first meeting with a discipline means it needs to be accessible for all, using ingredients they have experienced before or which are easily available at home or from their environment. The other key ingredient of this lesson,

at this time, for students is that it hones their observations skills; saying what they perceive with their senses, not what they think they are expected to see, or what they have heard from other sources. Obviously we can talk about theories/ideas and relate them to historical experiences but it is the students' time to be the



'scientist'.



A goodybag of items was provided for each student containing tongs, gauze, a candle and a tile. It was for them to find the rest of the I think they had fun. Here is some of their work.

Using red cabbage juice indicator and testing various items from around the house was there first task...





LOCATION

PEREDUR CENTRE FOR THE ARTS

WEST HOATHLY ROAD- EAST GRINSTEAD- RHI9 4NF

We will spend the first session exploring the theme in movement and becoming gently aware of the wisdom within our bodies. In the second session we will deepen our explorations through a creative process and bring the divine within into expression through ensouled moving partnerships.

Rates: Residential: £300 including workshops and

Rates: Residential: £300 including workshops an 2 nights' accommodation (self-catering facilities onsite)

Early birds before 21st July: £260

Non-residential is possible too, please ask me.

No experience necessary and all experience welcome.



Dear Parents,

I am offering the following therapeutic eurythmy sessions which are based on exercises Dr. Steiner gave 100 years ago, as the world faced the ravages of WWI and the spread of Spanish Flu.

You are all welcome to join at any time as the exercises are slow and easy to penetrate at any stage.

No eurythmy experience necessary just the will and desire to do it.

The earlier you can start the better, as you then benefit from the growing forces, which you perceive over time and repetition of the sequence.

Do invite friends and family to join as this is particularly relevant for our times.

Tuesdays at 4.30 pm: A new sequence of exercises for strengthening the "1" and growing resilience, building the Immune system, and overcoming fear and nervousness. From 2nd June to 7th July

Thursdays at 4.30 pm: A sequence of exercises for strengthening the "I" and resilience, building the Immune system, and protecting against viral infections. From 14th May to 18th June. email: mhunter1life@aol.com And I shall send you the links every week.

I look forward to seeing you there.
With warmth,
Michèle

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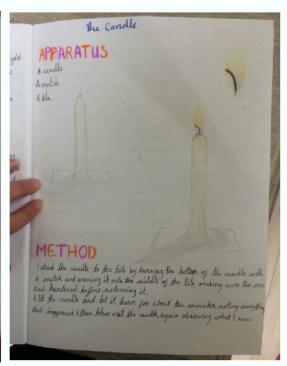


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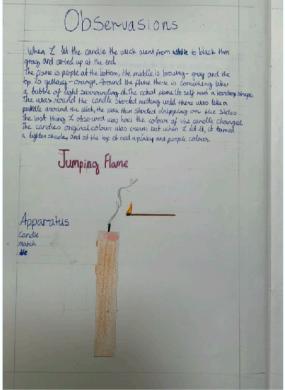
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Study of the candle

OBSE-RVATIONS When the conditions with the way was a creamy-white whom the write was white when I it the write the hight of the flame made the bottom of the candle darker and the top of golden colour. I small a faint small of bevering wax and the top of of the candle as small pad of method wax was perming the was been and came slightly and of the flame, was our orangey-white colour. There was a uplan glow around the flame, and the flame, if all one the bottom, orange with middle and the flame, and the flame with the other morange with middle and yethere of the travilian land on the bottom, orange with a middle and yethere of the travilian land on the tit was the candle it fell as if the flame carried on going up but it was candle it fell as if the flame wint on the wick started straightning and beed to the flame wint of the wint straightning and beed for the flame started was natural and again flickeing over your and agains so that the round shadow that the flame made on the the shudward lake of contents that the wint started slave, been studying the candle stoney work we have will be disappeared and the candle went what the flame made on the disappeared and the candle went beautiful opicals and the walked was started solvilitying. The round want back to its original colour.

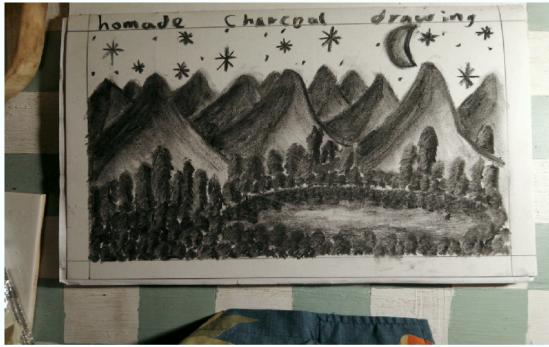






Making charcoal





Class 4

