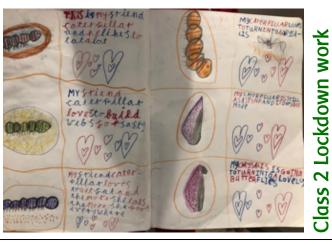
The St Michael Steiner School

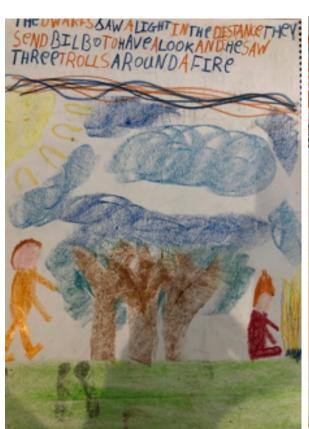
# Friday Bulletin

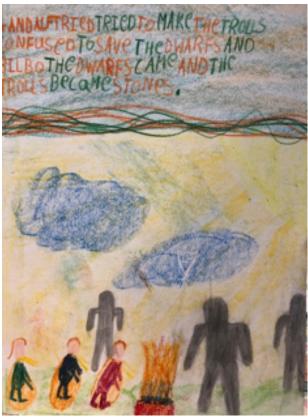
## 8th May 2020



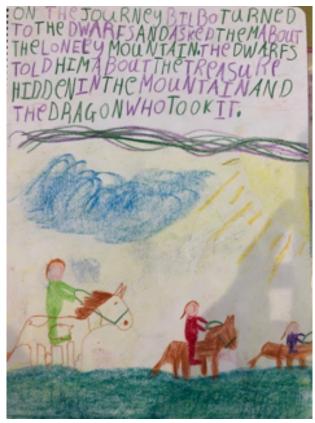








Class 2 Drawings from 'The Hobbit'







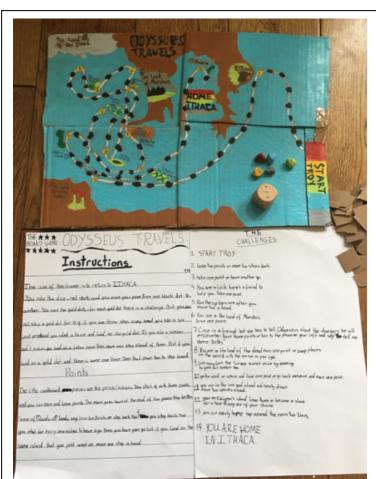


Left: Chase's Scylla costume

Above: Teo's ship

Below: Caterina's relief map





## Class 5 Odyssey projects



Left: Hope's Odyssey board game

Above: Ailbe's Lego boat

Below: Nala's Odyssey board game



### **Class 5 Odyssey projects**





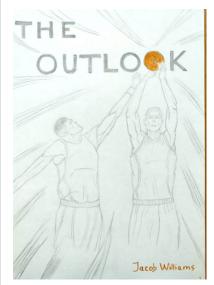
Left: Marlow's Odyssey game

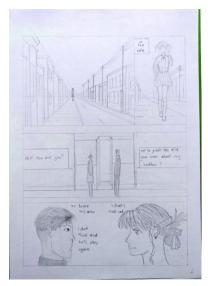
Above: Arun's Top Trumps

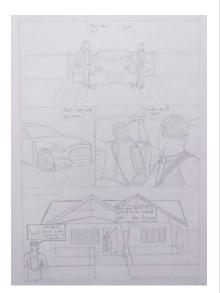
Below: James' puppet show



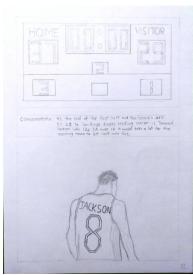
## Class 8 Projects: Jacob Williams



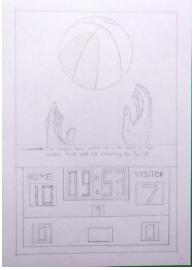


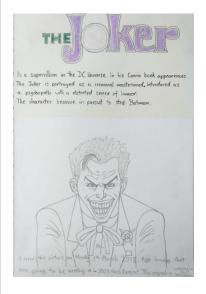














#### Kindergarten during lockdown

Kindergarten children have been enjoying doing some kindergarten activities at home, singing, reading stories which are often told in kindergarten and lots of others, gardening, cooking, doing crafts, baking, drawing, painting, helping at home, and of course, they have been very busy playing too!



Our older kindergarten children (rising class 1) are very excited that they will be continuing to work on their hobby horses and projects at home, all materials are packed and ready for them. Thank you to all parents for your help, and to Joel (and his parents) for kindly delivering everything to his class 1 rising colleagues.



Dear Parents,

Thinking of you all during these times we find ourselves in.

Please find below information from Kim Payne about a series of podcasts he has recorded in order to support families.

Whether you are familiar with 'Simplicity Parenting', have attended a course or group or are coming to it new, I have listened to the podcasts and I have found them very helpful.

The 'Compassionate Response' is an extended version of the practise we worked with in our various groups at School.



The website has other short videos, podcast recommendations, courses etc... and a Free Simplicity Starter Kit. The Facebook page incorporates other very useful material including lectures and a link to a story telling platform "CV-19Tales from Kids, Parents and Global Story tellers"

Warmest of Wishes,

Leigha Hipkin

#### NB The first course has already started, but there are others coming up

#### SIMPLICITY PARENTING WITH KIM PAYNE

#### https://www.simplicityparenting.com/

Troubling Times: Anxiety Rising, Schools Closing, and Way More Time at Home With The Kids. In response to anxious enquiries from parents, we recorded this special five-part audio series. You can listen here in the player below or download it from our podcast page and listen in your preferred **podcast player**.

In this challenging time, we feel it's more important than ever for each of us to do what we can to support each other, so we wanted to put this together and make it available right away. If you find the series helpful, please think of any other parent, organization, or school community who might benefit from this kind of support and send them a link to this page.

Now more than ever, our children need us to stay centred so that they can feel secure at home when so much is changing around them. The Compossionate Response Practice is a visualization exercise practiced by tens of thousands of parents, that is a key part of creating a safe harbour of family life.

Now more than ever, our children need us to stay centred so that they can feel secure at home when so much is changing around them. The Compossionate Response Practice is a visualization exercise practiced by tens of thousands of parents, that is a key part of creating a safe harbour of family life.

Thank you. Be safe. And our very best wishes to you and your family. Kim

## Morning Movement Sessions with Kevin Davidson

I'm offering morning movement classes weekdays 9 - 9:15am to support families. I'm trained as a Waldorf games and Bothmer Movement teacher and have been working for 10 years at Greenwich Steiner School. The sessions are somewhere between a Class 1 games lesson and a rhythmical time. I'm getting lots of families joining in together as a way to start the day with lightness and movement.

Warm wishes,

Kevin

**Family Time** 

Morning Movement with a playful spirit

9-9:15am weekdays with Kevin

Details:

Join Zoom Meeting

https://us04web.zoom.us/j/6293571756

Meeting ID: 629 357 1756

See previous episodes at

https://www.youtube.com/watch? v=TC7Bw2IUpHq

#### **HEALING EURYTHMY**

On Tuesdays, I have been giving sessions of therapeutic eurythmy for anyone who wishes to join.

It is a sequence which Dr. Steiner recommends to strengthen the "I", build up the immune system and protect from viral infections.

You are welcome to join.

This will be at 4.30 pm on Zoom.

Please email me if you are interested in participating so I can send you the invitation: <a href="mailto:mhunter1life@aol.com">mhunter1life@aol.com</a>

With warmth, Michèle