



The St Michael Steiner School NEWSLETTER January 2019

Simplicity Parenting Course

Please spread the word about this inspiring and invaluable course to support parents with children of all ages. Next course begins this Sunday at Temple Lodge in Hammersmith

Simplicity Parenting

A course of experiential workshops for parents/teachers and all who care for children.

Facilitated by Dorothy Marlen and Leigha Hipkin,
Simplicity Parenting and Soul of Discipline family coaches.



During the course we will work with the book, "Simplicity Parenting" by Kim John Payne. We aim to enable a supportive group where we can reflect on parenting styles and core values. Together we will explore ways to simplify daily family life, creating space and time for relationships to flourish.

'Less is simply more'

Saturday Course

10.30 for 11.00am start until 4.00pm
12th January,
23rd February,
16th March 2019

Address: The Christian Community,
Quince Cottage, Chapel Lane, Forest Row,
East Sussex, RH18 5BS

Sunday Course

10.30 for 11.00am start until 4.00pm
13th January,
24th February,
17th March 2019

Address: Temple Lodge, 51 Queen
Cardine Street, Hammersmith,
London, W6 9QL

Fee: £150 (concessions available)
For more details and/or a booking form please contact Dorothy Marlen
At: dorothy@dorothymarlen.net 01904612683

About Simplicity Parenting

Why Simplify?

Parents who take steps along this pathway to simplify their homes and their schedules, to introduce more predictable rhythms, and to filter out concerns which children are not yet able to cope with, find that their children:

- Are calmer and happier
- Do better socially and emotionally
- Are more focused at school
- Find it easier to comply with family rules
- Become less picky eaters

These parents also find that they themselves:

- Have a clearer picture of what they value as parents
- Are more united with each other in their parenting
- Have more time and energy for connection, relaxation and fun

- In our group work we will:
- Explore Simplicity Parenting - why, how, and when
 - Understand the four realms for simplifying
 - Self-select small changes in each realm
 - Learn how to design a change plan with your co-parent or friend
 - Give and receive support for enacting and sustaining it at home
 - Build new connections at home and with other simplifying families



Dorothy Marlen

Dorothy trained as a Steiner kindergarten teacher 25 years ago when her son was very young. At that time she co-founded the Lancaster Steiner Education initiative before moving to York where she has lived for 22 years. She has spent many years running parent and baby/child groups and workshops for parents and carers of small children. During this time she wrote the book - The Parent and Child Group Handbook - a Steiner/Waldorf approach. More recently she trained in the Pikler approach and co-founded the Pikler UK Association and organised Pikler trainings in the UK. She is now the course leader for the Emerson College Level 3 (EYE) Holistic Baby and Child Care course and a freelance consultant. She is a Simplicity Parenting and Soul and Discipline family coach and has found the Simplicity Parenting approach invaluable in her work supporting families and carers of young children.



Leigha Hipkin

Leigha, a parent of two adult sons worked for many years in the state sector in children's homes, education welfare and as a class teacher moving from primary to early years. She trained as a Steiner/Waldorf teacher and began her work as a kindergarten teacher. Leigha is a co-founder of the St. Michael Steiner School in London which is in its 18th year. Over the past seven years she has trained in the UK and Budapest in the work of Emi Pikler. She is also a Simplicity Parenting and Soul of Discipline family coach. Leigha combines these approaches in her work facilitating Parent and Child Groups and Simplicity Parenting Courses.

For more info about simplicity parenting go to:
simplicityparenting.com

From The College

Please remember that the school gates will not open until 8am, when staff are available to keep an eye on it, so children should not arrive before that time.

Sadly, we have to announce that Kristina Bitencourt is no longer part of our teaching faculty. We wish her all the best in her future endeavours. German lessons in the lower school will be covered by the Class Teachers until we have recruited a new German teacher.

Consent forms and contact information

If you have not already done so, it is very important that you sign and return the consent form immediately as we require your consent for many of the regular activities that take place in the school, including trips, craft activities and processing your personal data.

Please also check that your contact details are correct on the parents' contact list and let Grace know of any corrections or changes.

To contact the College, email:
college@stmichaelsteiner.hounslow.sch.uk

School fundraising through Amazon Smile

The St Michael Steiner School is registered as a charity with Amazon Smile and Amazon will make a 0.5% donation on all purchases made through this scheme.

If you want Amazon to donate to The St Michael Steiner School Ltd, you need to start each shopping session at <https://smile.amazon.co.uk>

and select The St Michael Steiner School in the drop-down menu for your preferred charity.

0.5% of the net purchase price (excluding VAT, returns and shipping fees) of your eligible purchases will then be donated to the school at no extra cost to you.

Emails

To ensure that you get school emails, please add the main school email addresses to your address books to ensure that important correspondence from the school does not go into your spam folder.

These are:

info@stmichaelsteiner.hounslow.sch.uk (Grace)
bursar@stmichaelsteiner.hounslow.sch.uk (Birgit)
finance@stmichaelsteiner.hounslow.sch.uk (Henry)
schoolcook@stmichaelsteiner.com (Meher)

Plus the relevant address for your class teacher, kindergarten teacher or main High School contact (see school contact list)

What is the College?

The school has no Head Teacher but is led and managed by teachers and administrative staff working as The College.

The College is made up of staff members who are able and willing to take responsibility for the leadership and management of the school.

The College meets, at present, on Wednesday afternoons from 4-5:30pm. Meetings are chaired by a member of the group; a new Chair is chosen periodically by the group.

The College oversees the general wellbeing of the school, ensuring that the aims and vision are kept in mind and reflected in practice, and is responsible for managing and monitoring all aspects of the education and activities offered by the school.

Current College members are:

Pat Alexander
Amanda Bell
Dorothea van Breda
Peter Brewin (Chair)
Maria da Costa
Julian Coxon
Vicky Dunn
Leigha Hipkin
Sarah Houghton
Michèle Hunter
Eleni Karakonstanti
Birgit Möller (ex officio)
Stella Ottewill
Marta Pietrzyck
Julia Wallace

News From the Early Years



A Happy New Year to everyone.

We look forward to welcoming our regular families and newcomers. We have a number of children beginning to attend our Kindergartens for the first time this term. Most of them are well known to us as they have been coming to our Parent and Child groups whilst some are new to our School.

Our Early Years team has adjusted its hours and areas of responsibility across our provision accordingly.

Parent & Child Groups

We thank Keesha for her input to our Parent and Child groups; she will now be working mostly with our kindergarten children although we will see her from time to time I am sure.

This means that this term we will no longer be offering sessions on Mondays and Tuesdays

Our weekly sessions will be as follows:

Wednesdays:

am 10.30 -12.30 pm family group (birth - 4yrs)
pm 1.30-3.00pm family group

Thursdays:

am 10.30- 12.30 pm family group
pm 1.30-3.00pm Woodland Garden outdoor group

Fridays:

Am. 10.30-12.30 pm family group



This half term we are holding six weeks of sessions for the Wednesday and Thursday groups:

Wed. 16th January to 13th February

Thurs. 17th January to 14th February

We are offering five weeks of our Friday am sessions because there is an Inset day on the Friday of the last week of half term:

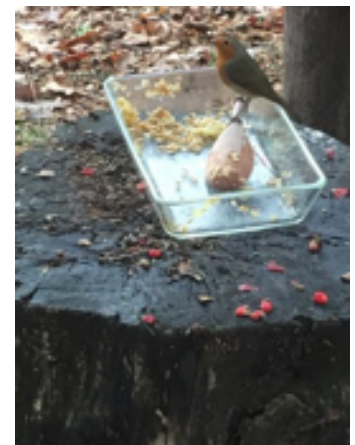
Fri. 18th January to Fri. 8th February.

A Saturday Session will be held alongside our **Open Day on the 19th January** (see below)

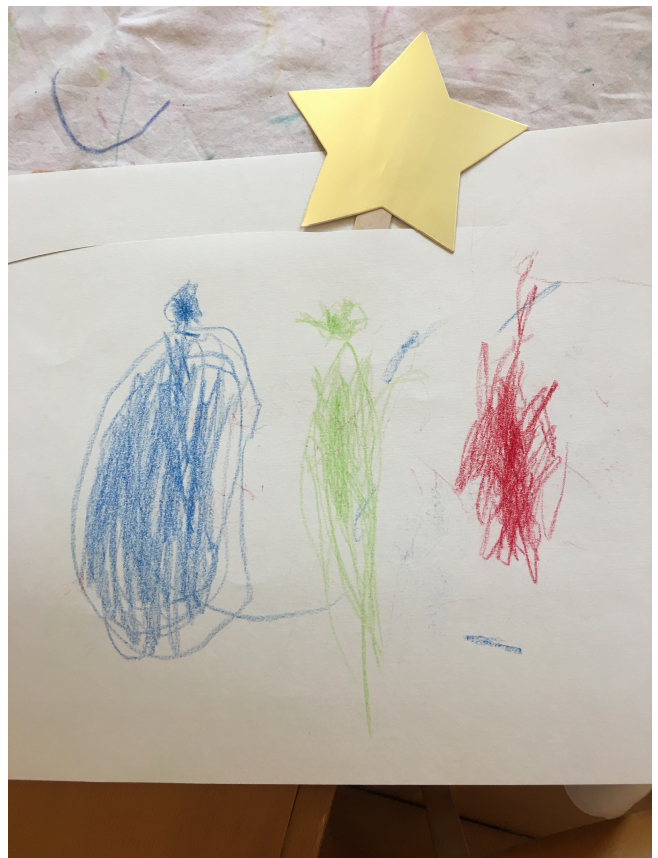
Your first visit to one of our groups is complementary. If you enjoy the group and wish to continue, we ask you to book and pay half termly. The Woodland Garden session is a weekly drop-in and is booked by mid-day on the actual day.

Each session is £7 (concessions are available). Wherever possible please pay by bank transfer. Bookings are made through Grace at our Reception: 020 8893 1299 or by email at:

info@stmichaelsteiner.hounslow.sch.uk



Feliz día de Reis! Feliz día de Reyes! The Three Kings Festival in the Early Years



The St Michael Steiner School Parent and Child Group Saturday Sessions in the Woodland Garden

19th January,
2nd March, 18th May
11am - 1pm



A free drop-in session during our School Open Days,
with guided tours of the Kindergartens on request

The St Michael Steiner School, Park Road, Hanworth Park, London TW13 6PN
Tel: 020 8893 1299 Email: info@stmichaelsteiner.hounslow.sch.uk
Website: www.stmichaelsteiner.hounslow.sch.uk
Registered Charity No. 1094960 Company Limited by Guarantee No. 04364394



Thank you to everyone who donated warm coats and jackets at Martinmas for this much needed initiative. It is the eighth year and takes place across the City from mid-December in time for the coldest part of the year. Some of our parents and older children expressed how important it was to be part of this scheme and want to become more involved next year.

"It feels right and makes me feel good to do something for other people who have so little" Class 8 pupil

Advent Fair



A heart felt thank you to our parents who organised our Fair and to all those in our Community who worked at and or came and enjoyed such a wonderful day out. Such a beautiful atmosphere and mood was created which permeated our building for the rest of Advent.

WISH LIST

Every month we will publish a list of items that we need at school in case someone out there has them to give away, or knows where we can get them for not-too-much money. Some of these are ongoing needs:

- Working hand sewing machines
- A potters wheel (kick wheel or electric)
- Craft tools - woodwork, leatherwork, metalwork
- A large guillotine (for A3+ paper)
- 4 sheds: for gardening tools; games equipment; fairs/trips; general storage
- Gardening tools
- Top soil/compost
- A small fridge/freezer for the lab
- Sand for the sand pit

Contact Julia Wallace, Sarah Houghton or Amanda Bell if you can help.

Simplicity Parenting 2019

There are still a few places on the London Course which is held monthly over three days at Temple Lodge, Hammersmith, beginning:

Sunday 13th January, 11.00-4.00pm

Then: Sunday 24th February
Sunday 17th March

For more details and to book ,contact Dorothy Marlen on 01904612683

(See poster on front page)

PLEASE NOTE THAT THE FOLLOWING PAGES CONTAIN ADVERTISEMENTS AND OFFERS FROM INDIVIDUALS - PARENTS, STAFF AND OTHERS - WHICH THE SCHOOL CANNOT NECESSARILY VERIFY OR RECOMMEND.

For Sale/ To Let

4-person tent : Peakland Hartington

Tent has two inner rooms together with a great central area with standing room head height for seating/storage etc. Pictures can be seen at <https://www.ukcampsite.co.uk/tents/p/Peakland-Hartington/452>

Plenty big enough for parents with 1-2 children. £50 ono

Lowa Renegade Walking Boots womens size 5

Waterproof nubuck leather walking boots in excellent condition, only for sale as I have really wide feet and very sadly they are a bit tight. Vibram sole, medium width, 880g weight pair. Highly recommended. £50 ono

Cottage to Let

Lovely two-double bedroom furnished garden cottage to rent in Norbiton within walking distance of Richmond Park and town centre. Cottage comes with two friendly cats who love company. Available end January to early April. Longer let possibility.

For all of the above please contact: Katie: 07931 987616 or k.sharrock@me.com

Working with Nature

Take a look at the website of Waltham Place for some wonderful outdoor activities for all the family: Biodynamic Gardening Courses, Snow drop walk and much more.

RAW HONEY FOR SALE

My brother-in-law, Robin, keeps around 50 hives on his land in Nutfield, East Surrey. He extracts the honey by hand and sieves it in his Mum's kitchen. It's pure, raw, unprocessed honey.

£4.50 for a 250g jar. 50p off your next purchase if you return the jar!

Message me and I will bring a jar to school.

Beth 07879 401911 (Kindie mum)



OFSTED REGISTERED CHILDMINDER

- Childcare from 7.30am-6:00pm 5 days a week
- Pick-ups exclusively from St. Michael's at 12.30pm or 3pm
- Breakfast before school from 7.30am
- 10 minute walk to and from the school
- Home cooked, healthy food
- Kindergarten parent
- Large garden
- Dogs, cats and chickens!

email: elizabethlee0101@gmail.com
tel: 07879 401911

