



The St Michael Steiner School

Hanworth Park, Park Road, London TW13 6PN

6th February, 2015

Park Road, Hanworth Park, London TW13 6PN

Email: info@stmichaelsteiner.hounslow.sch.uk

Website: www.stmichaelsteiner.hounslow.sch.uk

Dates for Your Diary

FEBRUARY

Wed 11 — Class 6&7 Parents' Evening

Wed 11 — Class 9 Parents' Evening

Thu 12 — School Ends for Half Term

Fri 13 — STAFF INSET (no school)

Mon 23 — BACK TO SCHOOL

Sat 28 — 10am-3pm Parents' Workday

MARCH

Mon 2 — Class 4 Parents' Evening

Mon 2 — Class 5 Parents' Evening

Wed 4 — Class 11 Parents' Evening

Sat 7 — 11am-2pm Open Day

Thu 26 — Eurythmy Festival at Steiner House

Fri 27 — TERM ENDS FOR ALL

APRIL

Mon 20 — STAFF INSET (no school)

Tue 21 — TERM STARTS

ANNOUNCEMENT FOR ANNUAL FEES 2015/16 AND BURSARY APPLICATION FOR 2015/16

Dear Parents,

The School continues to work hard to keep our education accessible. We try to set fees each year to sustain the school and it has been a hard task as our biggest expenditure is the school's greatest asset, which is the teachers and supporting staff members. We have a high teacher/child ratio to assure great support for our rich curriculum. Salaries of staff members have not increased in the last 3 years in order to enable accessible school fees for the whole community. We also have been adjusting our expenditure to our supporting costs for the school, which has significantly increased after the school moved to this location in 2012. We have now settled in and we are working on how to use all our assets (e.g. beautiful setting, 3 acres of land, wonderful teachers, education from ages 3-17 etc.) to the greatest benefit of our children. It is an ongoing process and we thank all of you for your support. We are pleased to announce that the 2015/16 school fees only increased by 3% on average, which is a considerable drop from last year's 10% increase.

If you would like to know how the school is managed and would like to be part of discussions on future plans

we have our AGM (Annual General Meeting) on 2 May 2015.

School Fees 2015-16						
Group	Yearly Fees	T e r m l y B r e a k d o w n	Term 1	Term 2	Term 3	
Parent & Child	£6/session					
Kindergarten	£6,700			£2,512.50	£1,861.11	£2,326.39
Kindergarten Afternoon Care	£17/session					
Class 1	£7,900			£2,962.50	£2,194.44	£2,743.06
Class 2	£8,100			£3,037.50	£2,250.00	£2,812.50
Class 3	£8,300			£3,112.50	£2,305.56	£2,881.94
Class 4	£8,550			£3,206.25	£2,375.00	£2,968.75
Class 5	£8,700			£3,262.50	£2,416.67	£3,020.83
Class 6	£8,800			£3,300.00	£2,444.44	£3,055.56
Class 7&8	£8,900			£3,337.50	£2,472.22	£3,090.28
Class 10	£9,100			£3,412.50	£2,527.78	£3,159.72
Class 12	£11,000			£4,125.00	£3,055.56	£3,819.44

We also have a Bursary Fund in place to assist families who are in need. Please see bursary application policy in Parents' Handbook 2014/15 (available on our website). If you feel you need to apply for a bursary you may pick up an Application Pack 2015 from Andrea (bursar) in person. The deadline to submit bursary applications is 20 March 2015.

Andrea Ladanyi

(bursar)

finance@stmichaelsteiner.hounslow.sch.uk

DANCE BLOCK

Class Nine and Eleven have just completed a dance block which we crowned with a tea dance on Friday afternoon. We have literally had a ball. We did some Waltz, Chachacha, Jive, Salsa and Ceroc.

Here are some of the experiences they shared:

We had a great time...

Best way to start the day...

A good and considerate block...

It has taken my body to a whole other level...

I feel good and awake, and it makes me feel great for the rest of the day...

We had a wonderful time!

Michèle

ANNOUNCEMENT: TERM DATES FOR ACADEMIC YEAR 2015-16

Michaelmas Term 2015

- 7 September (Monday) - INSET DAY (no school)
- 8 September (Tuesday) - INSET DAY (no school)
- 9 September (Wednesday) - Start of School Year
- 22 October (Thursday) - School Ends for Half-Term
- 23 October (Friday) - INSET DAY (no school)
- 2 November (Monday) - Back to School
- 16 December (Wednesday) - Term Ends

Spring Term 2016

- 6 January (Wednesday) - INSET DAY (no school)
- 7 January (Thursday) - Term Starts
- 4 February (Thursday) - School Ends for Half-Term
- 5 February (Friday) - INSET DAY (no school)
- 15 February (Monday) - Back to School
- 18 March (Friday) - Term Ends

Summer Term 2016

- 11 April (Monday) - Term Starts
- 2 May (Monday) - BANK HOLIDAY (no school)
- 19 May (Thursday) - School Ends for Half-Term
- 20 May (Friday) - INSET DAY (no school)
- 30 May (Monday) - BANK HOLIDAY (no school)
- 31 May (Tuesday) - Back to School
- 13 July (Wednesday) End of School Year

Class 4

Class Four have had a robust start to the new year. The children have just finished an introductory fractions main lesson. There has been much cutting, sharing and bartering.

Also, we were lucky enough to have a visit from "Lady Zeller" who talked to us about her life as a lawyer, a Mum, and an author, and about her passion to protect elephants from extinction. The children were enthralled.

The ongoing Norse Myths continue to feed the burgeoning life forces of the Class 4 child.

We have welcomed Casey Kaplan into our fold.

- Pat Alexander



Dear everyone,

A little reminder for your diaries is the end of term eurythmy festival, which will take place at Steiner House. Time is yet to be confirmed.

Thursday 26th March 2015.

Looking forward to seeing everyone.

- Michèle

If you have something you would like to contribute to the Newsletter - maybe you would like to write something about a school event, or maybe you have been to an interesting talk outside the school, or perhaps you have a selection of photos! - send your contributions to admin@stmichaelsteiner.hounslow.sch.uk
The deadline for the next newsletter is Sunday 1st March, 2015.

News from the Early Years

Despite frosty nights, chill winds and dark evenings and mornings, snowdrops are bursting into flower all around our garden. What a welcome reminder that Spring is coming! The Christmas-tree 'hedges' have kept them safe from fast-running feet and we are busy transplanting those that are appearing in odd places, enabling us to brighten up flower beds all around the school.

Snowdrop, snowdrop, little drops of snow,
What do you do when the cold winds blow?
Hide your little heads and say:
Cold winds cold winds, go away!

Snowdrop, snowdrop, dressed in green and white,
What do you do in the bright sunlight?
,Ring your little bells and say:
Ting-a-ling-ling, here comes Spring!

After the whole school Open Day last Saturday, we celebrated the festival of Candlemas with a group of local families whose young children do not attend our school. We all enjoyed dipping candles, making candle-holders and warming our hands with hot soup around the fire in the late afternoon.

Our new cloakroom is being finished this weekend – we extend a huge thank you to Phil, Jonah's father, for the beautiful bench, hooks and shelves he has put up for all the children's boots, coats, hats and gloves. This frees-up play space in the room as well as helping the children keep all their belongings together safely. The children have watched the work progress with huge interest and have been doing their own woodwork alongside, sawing and sanding wood for candle-holders. It is wonderful for them to see real work, for young children learn through imitation – this is one of the foundations of the kindergarten – and why we, as adults around your children, strive to be worthy of their imitation, through our spoken words, actions and even thoughts.

I am reminded of Elisabeth Grunelius, who was the first Steiner-Waldorf Kindergarten teacher. In her book *Early Childhood Education and the Waldorf School Plan*, she explains that when attempting to teach an adult, one would first present the idea/concept, then encourage personal interest – an appeal to feeling, and lastly the action – promoting the will. If we approach young children in the same way, we quickly bore them with theory. Instead, if we show a child a building site, for example, the child is entranced. Later, he replays the site at home in his play, imitating what he has seen and absorbed. We therefore need to approach the child through action, appealing to the will, and then he will re-enact it – bringing his own feelings into the play. Only in later years will actions be conceptualised. This is another foundation of our work with young children and why we can say our Early Years is a 'will-based pedagogy'.

We are receiving many applications for new children to join kindergarten next September. It is also possible to join the growing part-time Nursery/Small Kindergarten before September as there are places available. Please help us grow by spreading the word about our school – thank you!

Katie Sharrock & Leigha Hipkin, for the Early Years team

CHILDMINDERS

If you are a registered childminder or would like to do the free local authority training to become one. If you work or would like to work in a Waldorf inspired way, please contact Leigha or Katie.

There are parents in the Parent and Child groups who need to return to work outside the home in Spring time. There are also parents in Kindergarten and older classes interested in part time/after school care.

We would be delighted to support you with half termly workshops/mentoring to help create a network of much needed childminders in our Community.

See also: Steiner inspired childminders on Facebook www.facebook.com

You could also contact Nicole Wickenden who is the national rep: koleke@hotmail.com

Scenes from the Early Years



Waiting at the station for the train ...

Here it comes !



Would you like some tea?



Trying to keep warm around the fire!

Thanks to Maria for the photos

The St Michael Steiner School

Nursery / Small Kindergarten

This group is for children from 3 years and is an ideal next step for children who have been attending Parent & Child Groups and those taking their first independent steps from home. This group will become our second Kindergarten. For more information please contact the school (details below). There is an application process for this group.

8.30 - 12noon every Tuesday and Wednesday

Parent & Child Groups

A supportive space for Parents/Carers with babies and children up to 3 years. In each session we divide time between our new Parent & Child room and Woodland Garden. Sessions are for up to approx. 8 families to attend on a regular basis and commit termly. £6 per session, paid termly in advance.

10am - 12noon
Every Thursday and Friday

Outdoor Woodland Garden Session

An outdoor session for children from birth to 7 years and their families. £6 per session.

1.30 - 3.30pm every Thursday.

Baby and Parent Group

A group for babies and Parents/Carers from birth to uprightness. £6 per session.


1-2.15pm every Friday.

Tel: 020 8893 1299 / info@stmichaelsteiner.hounslow.sch.uk
www.stmichaelsteiner.hounslow.sch.uk / Park Road, Hanworth Park, TW13 6PN

The St Michael Steiner School is a registered charity no. 1094960



The St Michael Steiner School



Steiner Waldorf
Education for children
and young people
from age 3 to 17,
increasing to age 18
by 2015.



Open Day 7th March 2015
11am - 2pm

For further dates visit:

stmichaelsteiner.hounslow.sch.uk



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The school is having a cutlery crisis! Every time we restock our cutlery drawers, the knives and spoons and forks seem to wander off... So we would ask of you three things:

One. - Please send your children to school with any cutlery they may need for their lunches.

Two. - If any unfamiliar (school) cutlery has migrated to your kitchen drawers, please send it back.

Three. - If you have more cutlery than you know what to do with, we would happily give it a home here.

Thank you,
Stella

Did you know...?

Only 52% of the parent body opens emails from the school.

Particularly at busy times. This is why we try to stagger correspondence and when you ask us to send things out, we sometimes wait a few days.

COMMUNITY PAGES

PLEASE NOTE THAT THE SCHOOL DOES NOT ENDORSE OR RECOMMEND, EITHER IN GENERAL OR IN PARTICULAR, ANYTHING OFFERED IN THE COMMUNITY PAGES AND PARENTS ARE ADVISED TO CHECK THE QUALIFICATIONS OF PRACTITIONERS OR PEOPLE OFFERING SERVICES HERE.

Looking to escape the city (for a bit)?

Freelance translator and Waldorf teacher on sabbatical would like to swap their generous 3 bedroom flat on Lake Constance, Germany, for accommodation in London for one or two years starting Summer 2016.

Our flat is in a pleasant village close to two German Waldorf schools (Überlingen, Wahlwies), not far from the Swiss border and a two-hour train ride from Dornach. It occupies the first floor of a house in a quiet cul-de-sac and has lake views from two balconies. You can see pictures here: <http://saar98.wix.com/moewenstrasse-3>

We are also generally interested in holiday exchanges.

Please contact Sven and Margot Saar on saar@poetic.com or by phone: 0049 7773 937668

TOBIAS
SCHOOL OF ART & THERAPY

12 & 13 March 2015 | 9.30am to 5pm
Cost: £125

+44 (0)1342 313 655
info@tobiasart.org | www.tobiasart.org
Coombe Hill Road, East Grinstead,
West Sussex, RH19 4LZ

ART AND CHILD DEVELOPMENT WITH CLASSES 1 TO 6
with Dick Bruin

This is an opportunity to appreciate and artistically support the young child's development. We follow the child's progress from inner soul moods to the world of landscape with its plants, trees and animals. Join us for form drawing of the planetary signs as inspired by Rudolph Steiner, painting and basic exercises to develop the teacher's skills. This weekend is of special importance to class teachers, parents and anyone interested in a Waldorf approach to art.

Transpersonal Arts in Therapy Training

3 year course - starts September 2015, enrolling now.

Transpersonal Arts in Therapy Training is a professional training course, academically accredited by the City & Guilds at Level 7, Membership Level, (Masters equivalent).

Our transpersonal approach respects and encompasses historical/traditional culture and multi-cultural perspectives on body, soul and spirit. The programme consists of perspectives on human development, which derive from anthroposophical traditions as well as from contemporary psychology and psychiatry and these are explored through various themes in the training. Themes are delivered in modules. All modules include art making, lectures, individual and group experiential work and seminars.

Features of the course:

- Vocational training
- Reflection on the artistic process
- Intensive support
- Group discussions
- Class and individual tutoring
- Work practice and placements
- Artistic activities, project work, presentations, lectures, seminars and small tutor groups which allow for intensive and effective dialogue
- Preparation for and reflection on practical work

Year 1: Sept - Jul - attendance Monday, Tuesday, Wednesday 09:30-17:00. (This is also our Transpersonal Arts for Health and Well Being Year)

Year 2: Sept - Jul - attendance Monday & Tuesday, 9:30-17:00 and Placement Day.

Year 3: Sept - Jul - Supervised clinical placement, dissertation writing and case studies. Mentoring, tutorials and supervision are conducted. Assessment and Graduation period.

More details can be found on our website. www.tobiasart.org

Call for a prospectus today +44 1342 313655

Tobias Courses

May - July

Art For Everyone

7,14,21 May, 4,11,18 June 9:30-1pm £120 per for all 6 sessions
Exploring the Arc of Consciousness through the History of Art

Explore the history of art with practising artist Richard Heys, we shall have many opportunities to respond to the art of the past as we arc through the drift of history and arrive at contemporary praxis with new eyes and new ideas to appreciate the timeless activity of making art. Richard will provide guidance and inspiration and share aspects of his approaches to drawing and painting.

Led by Richard Heys BA (Hons) Fine Art, PGCE (DTLLS) Richard is an artist and independent teacher. He is a visiting lecturer at Tobias School of Art and Therapy, Emerson College, Peredur Eurythmy School and the London Waldorf Seminar.

Summer Courses

**Burnout, Secondary trauma and resilience - introducing the Intensive Trauma Therapy model
With Marion Green CPD course**

Date and Times: 9:30am-5pm Saturday 11th - Sunday 12th July 2015

Cost: £125.00

Being on the front line can be distressing. “The expectation that we can be immersed in suffering and loss daily and not be touched by it is as unrealistic as expecting to be able to walk through water without getting wet.” We will examine the difference between burnout and secondary trauma and review risk factors and implications for practise. (Secondary trauma is the trauma we may experience through seeing and hearing traumatising material as a result of doing our job.) The focus will be on building resilience (compassion satisfaction), mapping personal resilience pathways and identifying resources. Artistic exercises will be an integral part of the day. Artistic assistance will be given to those unfamiliar with art materials. This course is for arts therapists and other professionals who have experienced secondary trauma or feel on the edge of burnout and for those concerned about building resilience in the work place.

Marion Green HCPC Registered Art Psychotherapist and Social Worker. Marion’s art therapy practise and experience has been in prisons, NHS, with sex workers, traumatised adolescents, the chronically sick and dying, veterans; in adult acute and intensive psychiatric care and with offenders in the community.

Translating Symbolic Narrative into Image With Judith Way

Date and Times: 9:30am-5pm Monday 13th - Thursday 16th July 2015

Cost: £220.00

Exercising the power of the Imagination and the use of Symbol to express a soulful narrative, this course explores how we can translate meaning into paintings through meditation and craft. Depicting a personal symbol sequence, or one from a poem or teaching, we will explore how meaning is conveyed from the artist into the image. We will learn the basics of underpainting in egg tempera on a toned ground.

This course will explore the nature of symbol, processes of stimulating the Imagination and establishing rules of light and dark within three dimensional representation of form. The intention is to develop a meaningful language of expression through image making, while establishing a preparatory comprehension of underpainting, which can lead to further development in oil painting.

Judith Way is a co founder and teacher at Art Pilgrim; She is studying Myth, Cosmology and the

Sacred at Canterbury Christ Church University and is dedicated to the relationship between art and the sacred.

Revealing our Inner Portraits With Mary- Anne Patterson

Cost: £150.00 Date and Times: 9:30am-5pm: (Sunday finish at 3:30pm)

Friday 17th - Sunday 19th July 2015

Cost: £150.00

If you've never painted before and would like to begin now, or you're an artist and would like to explore a new direction, then come and find inspiration, create, and discover your Inner Portrait. In this workshop we will be inspired by early and contemporary self portraiture, whilst embracing some of Rudolf Steiner's and Kandinsky's remarkable insights into 'The Spiritual in Art.' We will paint, write, share and work with our paintings, drawings, clay work, and creative writing.

Mary-Anne is an artist, lecturer, practising arts therapist and workshop leader in UK, Germany, Czech Republic, Israel and Russia

Uncovering the Form in the Stone With Maria Albiez

Date and Times: 9:30am-5pm: Monday 20th - Wednesday 22nd July 2015

Cost: £150.00

In this short hands-on workshop you will practice basic stone carving techniques whilst creating your own artwork in soapstone. To help develop creativity and competences, personal and group observation of each others' artwork will be undertaken, along with short lectures on the use of stone throughout art history.

Maria Albiez RATH, Dip. Art Therapy, CAHSC, Sculptor. Maria studied Art Therapy at Tobias School of Art, graduating in 1992. She then undertook post- graduate study in Sculpture Therapy at the Hoathly Hill Sculpture Studio and since 1997 has been co-director of the Studio working both as artist and tutor.

Evening Lectures

11 May 2015

What is Health with Maria Fonseca

22 June 2015

Children's Illnesses with Maria Fonseca

Weekend Courses

Saturday 16th May 2015 10.00am – 5.00pm Cost: £50

An Experience with Sacred Geometry with Judith Way

Sacred Geometry underlies the forms of nature; exists within the physical body and is demonstrated in the desire for the sublime expressed in architecture and art. By attuning to the natural principles of harmony when crafting work, aesthetic beauty and insight is accomplished. In this practical workshop we we learn principles of sacred geometry, and how they can be used to develop composition and principle within creative projects.

Saturday 13th June 2015 10.00am -5.00pm Cost: £50

The Barbotine Game - challenge of creativity with Lutz Krainhoefner

The game has no rules and so all the players are free to invent their own. Here we have a challenge to be creative. The game is an experience of freedom, a freedom of gestures generated by the material.