



Training in the Pikler Approach

BASIC TRAINING COURSE

London 2016/2017

Early bird fee until February 1 2016

Information Pack

Why train as a Pikler pedagogue?

The observations and experiences of Emmi Pikler and the experienced teams of professionals at the Pikler institute, recorded over many years, challenge our usual way of observing young children. We are asked to be open to a new experience of children; to see children with new eyes.

We are given the opportunity to ask the following questions:

- What are the conditions where healthy attachment between adult and child can grow?
- How do children develop knowledge concerning themselves and how do they develop self-confidence and perseverance?
- How do they learn, on their own, to follow their own initiative with self-regulation?
- How do they learn to learn?

The Pikler approach is exemplary in its demonstration of respect in the care of the young child and the understanding of the young child's need for both relationship and autonomy. The detail of careful observation and reflection of the needs of the young child over many years at the Pikler Institute is probably unmatched and the on-going work of the Pikler Institute is held in high esteem internationally. Although in the last year the orphanage work has been completed, the Institute runs day care groups and parent and child classes. All child care settings can learn more from the Pikler approach about what quality care can be. Please investigate the following link for more information about Emmi Pikler and the work of the Pikler Institute.

http://www.waimh.org/files/Signal/Signal3-4_2010.pdf

Who can apply?

The Pikler training is a closed professional training for those involved in pedagogical, psychological, therapeutic or medical aspects of early childhood care.

The minimum age is 25, including two years professional experience. Exceptions can be discussed in a personal conversation.

Name protection: In order for the quality of the work of Pikler pedagogues to be guaranteed, the name Pikler has been legally protected by the Pikler Association of Europe. As a result, it is only permitted to use the name Pikler after completing the full Pikler pedagogue training.

Pikler Pedagogue Training in the UK

In response to the growing interest in the exemplary approach to the respectful care of the young child, developed by the renowned paediatrician Emmi Pikler in Hungary, and the successful running of a pilot Pikler Pedagogue Training in the UK (2011-2014), a new BASIC TRAINING COURSE in the Pikler approach will be offered in the UK from April 2016.

The full Pikler Pedagogue Training is comprised of 2 separate trainings – the BASIC TRAINING COURSE (three five day courses and a Sensory Awareness weekend) and the PRACTICE GUIDANCE COURSE (6 weekends) plus the additional requirements of observations in Pikler settings and a written assignment. It has been developed by the European Association for Pikler Training. The format and content is the result of close association between colleagues in Germany, Hungary, Austria and Switzerland.

The aim of the training is to guide participants in learning how to observe, understand and recognise the true needs of infants and toddlers and how to care appropriately for this age group. We work with the theoretical knowledge and the practical experience generated from the life work of Emmi Pikler and her team at the Pikler Institute, Hungary.

BASIC TRAINING COURSE

This runs for a total of three five-day sessions (Monday to Friday) and one Sensory Awareness weekend (Friday evening to Sunday afternoon). The course will be held at Greenwich Steiner School in London.

The course covers the following:

- Emmi Pikler and Lóczy – History and background
- Autonomous movement development in babies and infants
- The significance and importance of free play
- Care and contact
- Co-operation and social behaviour
- Children with each other – learning to understand the other: nice and difficult moments
- Development of communication; building a dialogue with the baby
- The function of observation
- Pikler work in group situations – day care and parent and child groups
- Working with parents

The dates and contents of the five day courses are as follows:

Block I – 11th - 15th April 2016

Emmi Pikler and 'Lóczy' – its contemporary meaning for us
Movement development – a competency of the child
The development of the infant's play activity

Block II – 22nd - 26th August 2016

Play – and other competencies of the child (Toddlers)
Relationships with adults – the pillars for the development of a child's personality and a condition for its healthy activities

Block III – February 2017 (Date to be confirmed)

Developing social behaviour
Infants and toddlers together
Speech and communication

The Pikler pedagogues taking these course blocks are:

Zsuzsa Liberty Pikler Pedagogue from the Pikler Institute, Budapest

Ute Strub – European Pikler Association Trainer and International Pikler Pedagogue

The Sensory Awareness weekend with **Peggy Zeitler** will be held between 18-20 November 2016.

A certificate of attendance is given at the end of the course from the European Association for Pikler Training.

Although after taking this BASIC TRAINING COURSE you are not yet able to call your workplace a Pikler centre, you are able to take the approach into your workplace.

PRACTICE GUIDANCE COURSE

This second level consists of 18 days (6 weekends of 3 days, divided over one year, including 3 days of Sensory Awareness). These weekends provide an opportunity for work practice discussion and assimilation. Written observations and videos are supplied by the participants.

PIKLER PEDAGOGUE STATUS

Pikler pedagogues are qualified to give introductory courses and workshops on the Pikler approach and run play groups and parent and child groups. Pikler Pedagogue status can be achieved after the BASIC TRAINING COURSE and PRACTICE GUIDANCE have been completed and also the following requirements have been met.

- Attendance at the two summer English-speaking training seminars at the Pikler Institute in Budapest. This can be done over two years.
- 20 hours of observation in a Pikler setting.
- A piece of written work.

On completion of this level, participants receive a certificate from the European Association for Pikler Training and are eligible to become a member of the Pikler Association of Europe.

Pikler® UK

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BASIC TRAINING COURSE London 2016-2017

UK ASSOCIATION **DATES**

Block I – April 11th - 15th April 2016

Block II – August 22nd - 26th 2016

Block III – February 2017 dates to be confirmed

Sensory Awareness – 18-20 November 2016

Cost

The BASIC TRAINING COURSE £2150

Early Bird price £1850, available until 1 February 2016.

Please see payment information below for payment options.

Venue

Greenwich Steiner School, Woodlands/90 Mycenae Rd, London SE3 7SE

Accommodation

Self-catering apartments are available close to the venue and public transport links through www.airbnb and www.wimdu.co.uk. It may be possible to link several students together to share accommodation. There is a Travel Lodge in Greenwich which is reasonably priced (for London). There may be hostel availability in the area - for example www.letsbookhotel.com, www.budgetplaces.com, and www.hostelbookers.com. The school may know local families that can offer a bed for £15-£20. Please email dorothy@dorothymarlen.net if you would like help.

COURSE THEMES

Block I – 11th - 15th April 2016

Emmi Pikler and ‘Lóczy’ – contemporary meaning for us

Emmi Pikler’s biography gives us insight into the origins and key themes of her work. We talk about her studies in Vienna, her ten years working with families as a paediatrician, establishing and running/leading the infants’ home Lóczy in Budapest and her scientific research into the development of babies and toddlers. These experiences formed the foundation for her training books for institutes, children’s day-care and instruction in Hungary. In addition she gave lectures both in and outside Europe. We discuss which ideas are still of value for the guidance of young children, both at home and in day-care.

Movement development – a competency of the child

How do children reveal their potential and how does this process unfold? What possibilities does a child have for self-regulation? What influence does free movement development have on the development of a child’s personality?

Play – and other competencies of the child

What happens during children’s play? How does the young child’s play activity and thinking develop? When and how does it begin and what does a child need to be able to play by themselves? How can we organize the time and the environment for free play? Which environment/surroundings and what materials do they need in each phase of their development?

Block II – 22nd - 26th August 2016

Play – and other competencies of the child (Toddlers)

See above

Relationships with adults: the pillars for the development of a child’s personality and a condition for its healthy activities

What do babies/toddlers need from us and how do they express these needs? How do we see bonding in connection with caregiving? Can a young child play an active role in his/her care? Can a child participate in and influence what we do with it, so that caring activities become a collective activity and a dialogue?

Block III – February 2017 - dates to be confirmed

Developing social behaviour

How does the curious child, interested in discovering itself and its’ environment, develop? How does a child become a being who knows how to behave socially? How do we guide a child and enable it to orientate itself? What role does imitation play in the socialisation process and what is the meaning of reward and punishment? How does the

child learn the rules? What may help in difficult situations between the child and his caregiver?

Infants and toddlers together

How do infants and toddlers behave amongst themselves and how does this togetherness develop? What are the conditions that favour the peaceful togetherness/ life in a group? How do conflicts arise and how do we respond? When do young children spontaneously comfort one another?

Speech and communication

How do young babies express themselves? What to observe and how to respond to their signs. How to speak with a newborn and how with a toddler. What are they able to understand? How does togetherness become a dialogue?

For more information please contact:

dorothy@dorothymarlen.net or visit www.pikler.co.uk



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BOOKING FORM

Name

Home address

Phone number

Email

Work address

Work phone number

Work email

On a separate sheet(s) please give the following information:

1. A brief chronological biography and description of important developmental steps in both your personal and work life.
2. A description of your current work.
3. What do you know so far about the life work of Emmi Pikler?
4. What do you wish to learn?

Payment Information

A £100 non-refundable deposit is due with this application. The booking form and deposit reserves you a place on the course. The balance will differ depending on how you choose to pay for the course.

Early Bird price £1850 - register by 1 February 2016

Standard price £2150 - register after 1 February 2016

The balance to be paid by 1st April 2015 if you are paying in one amount.

To pay in instalments you need to do the following:

Early Bird price £1850 - £100 with application, £750 by 1st April 2016, £750 by 1st August 2016 and £250 by 1st January 2017

Standard price £2150 - £100 with application, £900 by 1st April 2016, £900 by 1 August 2016 and £250 by 1 January 2017

Manner of Payment (Please tick as appropriate)

- EARLY BIRD – one payment
- EARLY BIRD – 3 instalments
- STANDARD – one payment
- STANDARD – 3 instalments

Please send the payment to (Please tick as appropriate)

- D MARLEN, Barclays Bank, York Sort
code: 20-99-56
Account: 73741184 by BACS
- Or send a cheque to D Marlen, 45 Scott Street, York YO23 1NR

Invoice/receipt address (Please tick as appropriate)

- Place of residence
- Work address

A reminder will be sent before the payment dates.

Is a receipt required **Yes / No**

I understand that the course fee is for the full course and is non-refundable. I agree to pay the full fee or instalments, as indicated above, by the dates set out above.

Signed

Please send the signed booking form, deposit and completed question sheets to Dorothy Marlen, 45 Scott Street, York YO23 1NR. Tel: 01904 612683